Back in the early 1990’s a group of health minded individuals, who were focused on nutrition and longevity, noticed an alarming trend in their towns and communities. They saw friends and family eating and drinking dead, processed foods full of chemicals and contaminants that were void of nutrition and this trend was leading to obesity, sickness, disease and premature death.

This group believed that the secrets to health, energy and long life were found in nature, diet, and nutrition. They believed through knowledge and the healthy eating of powerful superfoods, people could heal and rejuvenate themselves naturally and Nature’s First Law was born in El Cajon, California, later to become Sunfood Superfoods.

Science tells us that all Life on earth originates from the Sun. Superfoods grown in the life-giving light of the sun are alive and the key to health and longevity. Today, Sunfood stands for live superfoods, health, energy, and long life.

“At Sunfood we want help consumers to discover the most natural health-giving information and experience the benefits of the most nutrient-dense, organic, Non-GMO, raw, superfoods on the planet,” proclaims Robert Deupree, President/CEO at Sunfood.

“Sunfood’s search to uncover ancient healing knowledge and superfoods lost to our modern society has taken us all over the world; from the tropical regions and ancient tribes of South America to the High Mountains of Tibet,” Deupree added.

Sunfood has also found new Superfoods that modern science has recently discovered. Wherever it may be found, Sunfood’s goal is to locate these ancient and modern superfoods that unlock the healing power within us all.

Operating out its 15,000 sq. ft. facility, Sunfood processes and packages up more than 90 different superfoods, supplements and health & beauty care items into more than 300 different sizes in 10 different categories.

“No other Superfood company has quantity and quality of superfoods that Sunfood has to offer and our Mission is simple says Deupree, “to enrich lives and enhance health through the highest quality, nutritious superfoods available, that’s Sunfood Superfoods.”