Bella Vado creates unique and delicious avocado oil. Their own avocado grove in Valley Center, one of our local avocado-growing communities, is different than the rest. They grow their own avocados organically, and cold-presses, stores and bottles the avocado oil within their own avocado grove. Bella Vado avocado oil is cold-pressed using modern equipment imported from Italy. This process preserves all the natural vitamins, which are believed to lower LDL levels. Avocado oil has a high burning point, and also is used as a finishing oil for dressings and dips, as well as used topically for skin health.