

# FREE EVENTS

## YOUNG LOOKING, BEAUTIFUL SKIN

By Dr. Roopa Chari, M.D.

Dr. Chari is an integrative medical doctor and has been in private practice for over 20 years. She will present natural therapies including herbs, supplements and diet, providing an integrated approach to address the most common concerns with various skin conditions.

**THURSDAY, AUGUST 2<sup>ND</sup>**

**6:30–8:00 PM | CARMEL VALLEY**

**WEDNESDAY, AUGUST 8<sup>TH</sup>    TUESDAY, AUGUST 14<sup>TH</sup>**

**6:30–8:00 PM | 4S RANCH**

**6:30–8:00 PM | CARLSBAD**

## ESSENTIAL B VITAMINS

By Stacy Faulkner, Emerald Labs' National Educator, C.C.N., C.N.H.P.

Stacy Faulkner has worked in the natural health industry for the past 20 years in Southern California. She is a Clinically Certified Nutritionist and a Certified Natural Health Professional. She currently serves as Emerald Labs' National Educator, travelling across the U.S. to share healthful information with consumers and health food industry partners alike.

**TUESDAY, AUGUST 28<sup>TH</sup>**

**6:30–8:00 PM | HORTON PLAZA**

**WEDNESDAY, AUGUST 29<sup>TH</sup>    THURSDAY, AUGUST 30<sup>TH</sup>**

**6:30–8:00 PM | CARLSBAD**

**6:30–8:00 PM | ESCONDIDO**

**Seating is limited for all educational seminars; please sign up in advance in the vitamin dept.**

CARLSBAD - 760.334.7755

ESCONDIDO - 760.489.7755

4S RANCH - 858.432.7755

CARMEL VALLEY - 858.793.7755

WESTFIELD HORTON PLAZA - 619.308.7755

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*...Naturally!*